

# Brehm Til You Puke Hill Challenge

Wednesday, July 7, 2010

## The Legend of the "Z-Headed Monster Called Brehm"

Deep in the hollows of Colerain Twp, OH lays a road. As you approach this road from the only road that dissects it, you can see it rising from the depths of misery on either side. To the north, you have Brehm #2. It is sometime referred to as "Big Brehm". It is a longer climb with a one-two punch. Once you think you've climbed the worst of it, you round the corner to see the wall almost laughing at you and your false confidence that it wasn't as bad as they said. This hill has been known to reach up and tightly grasp the quads and calves of unsuspecting riders causing them to fall to the ground screaming in pain.

To the south is Brehm #1 which obviously suffers from a case of "short hill syndrome". It is a short climb of less than a quarter mile in length, but fluctuates in grade from 18-23% the entire way. There have been numerous eyewitness accounts of riders suddenly tipping over as if the hill reached up and pushed them over. One rider was observed to make a sudden right turn part way up the climb and ride straight into the ditch. This hill does not like cyclists and isn't shy at showing its feelings. Only the strongest and most focused riders can survive a trip up "Little Brehm".

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This will be an open challenge to men and women to see who can withstand the climb up Brehm #1 the fastest over 10 laps of the 2.5-mile course. Any riders who get lapped by the leaders will be pulled from the race and scored based on the number of laps they finished.

For the "gravitationally challenged", there will be a "One-Lap Attack" for those riders. This will be Clydesdale Men (200+ lbs) and Athena Women (160+ lbs). It's a simple one lap race with the first person across the finish line being the winner.

TIME	CATEGORY	FEE	DISTANCE	PRIZE
6:45 PM	One-Lap Attack*	\$15	2.5 miles	50% of registration** / 3
7:15 PM	Men	\$25	25 miles	\$100 / 3
7:15 PM	Women	\$25	25 miles	\$100 / 3

\*This category is only open to men weighing 200 lbs or more and women weighing 160 lbs or more.

\*\*50% of the registration brought in for the "One-Lap Attack" category ONLY.

**REGISTRATION:** Online registration is available at BikeReg.com. Online registration will close at 11:59 PM on Tuesday, July 6, 2010. Pre-registration is highly encouraged. A \$5 late fee will be assessed to all day of event registrations. Onsite registration and check in will be on Orchard Hills Ln, Colerain Twp, OH 45252, opens at 6:00 PM and closes 15 minutes before each race.

### COURSE MAP:

<http://www.mapmyride.com/ride/united-states/oh/cincinnati/436127299537010052>

**RULES AND REGULATIONS:** This race is permitted through USA Cycling, and all USA Cycling rules and regulations must be followed and will be enforced. All riders must have a current USA Cycling racing license or a one-day license. One-day licenses will be available at check in and can only be used by Cat 5 Men and Cat 4 Women. The promoter reserves the right to combine categories and/or reduce prize lists based upon number of riders.

**RESULTS:** All results will be submitted to USA Cycling within 48 hours after the official results are final.

Contact David "BigDave" Riemenschneider with any questions.

[bigbikerdave@gmail.com](mailto:bigbikerdave@gmail.com)

513-560-6193

